# Handouts for Networking Class

1. Networking 101 Event (aka Bingo Ice Breaker)
2. The Network Challenge

Upon request the information in this document can be made in alternative formats for people with disabilities by contacting INSERT PHONE NUMBER.

CareerForce is an Equal Opportunity Employer and Program Provider

## Networking 101 Event

In this activity, meet other people in the room one at a time. Introduce yourselves to each other (your name, your job target, one company you’d like to work for). Do not just give them your sheet and ask simply to ask them to pick one. This is not a race. Have a conversation and listen and ask questions about the item that fits them. After meeting another person and sharing an item or two from the handout, each participant should move on to meet a different person. Keep this going for as long as possible.

### Find someone who:

|  |  |  |
| --- | --- | --- |
| ...has worked overseas  Name: | …has worked in manufacturing  Name: | …has landed a job through networking  Name: |
| …can recite their top 5 skills  Name: | …has searched for jobs on MinnesotaWorks.net  Name: | …has taken a career interest assessment  Name: |
| …has completed a resume class or resume review  Name: | …can explain what O\*Net can do for job seekers  Name: | …has worked in health care  Name: |
| …has participated in a virtual interview  Name: | …has completed their LinkedIn profile  Name: | …has created their own networking/business card  Name: |
| … is looking to change careers  Name: | …can give you 3-5 words that describe their personal brand  Name: | …can describe 2 things about themselves that make them valuable to an employer  Name: |
| …has done the kind of work you are interested in  Name: | …has used CareerForceMN.com  Name: | …is a current volunteer  Name: |

## The Network Challenge

Below is a quick way to jog your memory of friends and networking acquaintances you could contact about your job search. How many can you come up with in 3 minutes?

**Relatives**

1.

2.

3.

4.

**Neighbors**

5.

6.

7.

8.

**Social/group contacts**

9.

10.

11.

12.

**People you do business with (salon, mechanic, doctor, vet etc.)**

13.

14.

15.

16.

**Classmates/business associations (HS/College, Rotary, Chamber of Commerce)**

17.

18.

19.

20.

**Connections from the military, volunteer work or religious groups**

21.

22.

23.

24.

**Friends**

25.

26.

27.

28.

**Previous co-workers**

29

30.

31.

32.

**Casual contacts (health club, PTA, sports)**

33.

34.

35.

36.

**The most connected people you know**

37.

38.

39.

40.

**Companies/organizations you should be networking with but don’t yet know**

41.

42.

43.

44.

**People you met at workshops/training**

45.

46.

47.

48.