

CAREER TREK

CREATE A VISION FOR YOUR FUTURE!

Career Solutions is dedicated to helping the Stearns and Benton County community grow by meeting the workforce needs of businesses and job seekers now and in the future.



CareerSolutionsJobs.org


What is Career Trek?

Career Trek can help participants create a vision for their future...

- Career Trek is three day, three hour a day course designed by Career Solutions to help participants:
 - Identify their strengths and interests
 - Explore careers
 - Begin setting goals for their employment future



CareerSolutionsJobs.org



CAREER TREK
REBRAND YOURSELF FOR SUCCESS!

You're invited to attend this 9-hour course!

Career Trek can help you create a vision for your future.

- This 9-hour (in-person) course is designed to help you identify your strengths and interests, explore careers and begin setting goals for your employment future.
- Gain a better understanding of yourself and your connection to careers that match your profile, the career paths available to you, how to pursue them, and the value you have to offer employers.


2022 Dates (choose one 3-day session):

➤ Jun 27-29	(M, T, W)	8:15 am-11:15 am
➤ July 18-20	(M, T, W)	8:15 am-11:15 am
➤ Aug 8-10	(M, T, W)	8:15 am-11:15 am
➤ Aug 29-31	(M, T, W)	8:15 am-11:15 am
➤ Sept 19-21	(M, T, W)	8:15 am-11:15 am
➤ Oct 10-12	(M, T, W)	8:15 am-11:15 am
➤ Oct 31-Nov 2	(M, T, W)	8:15 am-11:15 am

Prerequisites: Career Solutions enrollment session & basic computer skills

Location: Career Solutions, CareerForce – St. Cloud
1542 Northway Drive, Lot B, Door #2

Register: Contact your Career Planner to register!



Career Trek assessment tools:

- Myers-Briggs Type Indicator
- CareerScope career assessment to identify your strengths, interests and aptitudes
- Skills identification exercises
- Assessments used to match your profile to potential careers

Learn about the labor market:

- ✓ What jobs are in demand
- ✓ Wages you can expect to be paid
- ✓ Skills that are most important to be able to do the job well
- ✓ Where you might be able to obtain the training to do the job
- ✓ Which Employers employ people in the kind of job you want to do

Cost:
There is no cost to you. This workshop is sponsored by Career Solutions.

Upon request, the information in this document can be made available in alternative formats for people with disabilities by contacting access@careersolutions.org Equal Opportunity Employer and Program Provider

About Career Trek

- Required if clients are interested in training; recommend for all clients
- Complete Basic Computer Assessment to register for class
- Team of five staff teach course on a rotation
- Offered every three weeks
- Must be on time and attend all sessions
- Clients complete a personal profile packet during the course



Career Trek Assessment Tools

- Myers-Briggs Type Indicator
 - Identifies their “code” out of 16 personality types
 - Based on their favorite world (inner or outer), basic information to take in, decision making and structure related to the workplace and careers
- CareerScope Online Career Assessment System
 - Identifies interests & aptitudes and are used to match their profile to potential careers
- My Next Move – O*NET Interest Profiler



Learning about Labor Market Information:



- What the **Demand** will be for jobs
- **Wages** employees can expect to be paid
- **Skills** that are most important to be able to do the job well
- **Where** to obtain the training to be qualified to do the job
- **Who** are the employers who employ people in the kind of job course participants want to do

Participants will exit this program of discovery with:

- A clearer understanding of themselves and their connection to careers that match their profile
- The career paths available and how to pursue them
- The value they have to offer employers



Testimonials

“The class was well worth my time. Opened my eyes to new possibilities and confirmed others.”

“It was helpful finding out more about my personality skills, interests and how they pertain to a career.”

“Career Trek got me thinking about other careers I might never have thought of.”

“I enjoyed learning about myself and what I like.”

“The job search tools and websites were helpful.”

“I enjoyed learning about how to find helpful info on the internet about jobs.”

“Very helpful class and easy to follow along.”

“I enjoyed the class, how it was presented and the material.”

“Learning the different resources and given a ray of hope was helpful.”

“ “Information gathered to help me decided what I want to do with my future was helpful.”

“I wish I had this class in high school!”



CareerTrek for Teens



This fun, 7-hour program hosted by Career Solutions is designed to help teens explore careers, discover their strengths and skills, and begin setting goals for their employment future. Get a jumpstart on a successful future! Two sessions offered with a class size limit of 12 students per session.

- **DATES:** Friday, July 22, 2022 or Monday, July 25, 2022
- **TIME:** 8:00 AM - 3:00 PM
- **LOCATION:** Career Solutions– Meet at SCTCC Door 4
1540 Northway Drive, St. Cloud
- **Cost:** FREE- \$50 Stipend if class is completed
- **Register:** Contact CareerOne staff to register.
- Light breakfast and lunch provided.



If you have any questions, please contact Lisa Brown or
Kim Randall @320.761.1860 - or - Kim.Randall@CSJobs.org

Career Trek for Teens

- Feedback from clients wishing they had a class like this when they were in school or for their children now
- Complete same assessments
- Paycheck City – Paycheck calculator for each state
- Post-Secondary Exploration
- Offered course to potential youth mentors from our summer youth employment camp (CareerONE)
- Offering as an elective course for students at the Area Learning Center this fall

For more information, contact:

- Tammy Biery – Tammy.Biery@csjobs.org
- Angie Dahle – Angie.Dahle@csjobs.org
- Audrey O'Driscoll – Audrey.Odriscoll@csjobs.org

